

TIP OF THE

Oct. 29, 2004

SWORD

Incirlik Air Base, Turkey



Bring it on

USAF security forces go head to head with other major commands

TIP OF THE SWORD

Volume 33 ♦ Number 42 ♦
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Photo by Senior Airman Dallas Edwards

Tech. Sgt. John Thompson, 39th Logistics Readiness Squadron vehicle management analysis quality assurance evaluator, catches a fish at the base fishing Rodeo Saturday. See related photo, Page 12.

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Photo by Airman Bradley Lail

Capt. Dare Rapanotti, 39th Communications Squadron support flight commander, and Master Sgt. Joseph Catlin, 39th Medical Squadron medical equipment repair NCO in charge, go for holes in one Sunday in support of the Breast Cancer Awareness month. See related photo, Page 7.

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Senior Airman Chris Clawson, 39th Security Forces Squadron, runs across beams on the first training obstacle named "Tough One" at Fort Huachuca, Ariz., in preparation for Defender Challenge. See related story, page 6. (Photo by Tech. Sgt. Justin Pyle.)

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Combat Wingman

A personal commitment to take care of our own

Gen. Robert H. “Doc” Foglesong

Commander, U.S. Air Forces in Europe

RAMSTEIN AIR BASE, Germany (USAFENS) – In the Air Force, we take care of and rely on each other every day. Just as a flight lead and a wingman depend on one another to ensure mission success, as Air Force family members, we also have the responsibility of looking out for each other’s well-being — it’s wingman consideration.

This wingman consideration concept is the basis for U.S. Air Forces in Europe’s newest Combat Program initiative. “Combat Wingman” capitalizes on a proud tradition that applies to our entire Air Force family. Regardless of rank, duty title or position, we all own the responsibility of looking out for and supporting one another.

The Combat Wingman concept is nothing new. We often look to others such as spiritual advisors, spouses, life skills professionals and dorm managers for help. Combat Wingman is designed to take this a

step further and broaden our radar scope.

The foundation of this program is built on commitment at a personal level. Combat Wingman is a sacred contract that promotes a genuine concern for our Airmen — and I mean our military and civilian Airmen — and their families through mutual, self-directed relationships with each other.

Don’t mistake this for a mentoring program and don’t think it’s only targeting one specific area or problem. Combat Wingman is a program that emphasizes wellness across the board while focusing on our most important asset — you.

Combat Wingman is not something that can be left at the door at the end of the day. As guardians of each other’s well being, we are devoted to encouraging camaraderie and unit pride, looking out for one another and preventing destructive behavior.

I would ask that you make it your personal commitment to proudly carry on the timeless tradition of being a good wingman. It’s time to check in!

Stressed Airmen — who’s your wingman?

By Gen. John Jumper

Air Force chief of staff

Stress is nothing new to military life and there are many factors that contribute to this. But lately, stress has been taking its toll on our Airmen. Our suicide rate is skyrocketing while accidental deaths are more than 36% above what they were four years ago. We lost 57 people to suicide in the past year — a dramatic, and tragic, increase from last year. We lost another 99 Airmen to accidents. Combined, that’s an order of magnitude greater than our combat losses in both Iraq and Afghanistan since September 11, 2001. We’re causing ourselves more harm than the enemy. We must do a better job of looking after one another — be better wingmen.

Our jobs are inherently stressful. This is a fact of our profession. We have over 30,000 Airmen deployed across the globe, with over 7,000 of them in a combat environment. Many Airmen are now on their sixth deployment in ten years. Those at home face increased work hours, inconsistent manning, and a continuous workload. More stress comes from uncertainty. In addition, increased AEF deployment periods, force restructuring, Non-Commissioned Officer retraining, and OSD’s BRAC assessments and potential base closures may suggest an ambiguous or unstable future to some Airmen. This can often lead to other stress factors, like family or relationship problems, financial or legal problems, and substance

abuse. We are taking steps to mitigate some of these factors, but stress will always be a concern. Stress is a problem we can manage.

The Air Force leadership is confronting this problem. We cannot relieve the tempo of deployment. When our nation calls, we must respond. However, we can and will work to provide our Airmen with the support they need to carry their load. We are reinvigorating our suicide prevention program that had dramatically dropped the number of suicides over the past seven years. The program worked, but it needs a shot in the arm. Along with suicide prevention, we’re continuing to focus on safety and risk management, with zero mishaps as our goal.

November begins the busy holiday season. This is a time of celebration, but also a time when stress rises. Our Major Commands will be placing special emphasis on stress-related issues during the month of November. We will: reemphasize the support services available; review the signs of stress; and remind all Airmen what it means to look out for each other — to be good wingmen.

However, this problem cannot be solved through programs and training sessions alone. It’s going to take an effort from the whole force, from our commanders and supervisors to every Airman in the force. It will take your total commitment.

Commanders — you bear the responsibility for the total welfare of our greatest asset — Airmen. You are responsible for their physical, emotional, social, and spiritual well-being. Use

your base resources. You should know when your Airmen need help, and where to send them to get it.

Supervisors — you are our first line of defense. Like commanders, you are responsible for the well-being of the people you supervise. It is you who look every Airman in the eye every day. It is you who can spot the first signs of trouble, and you who are in the best position to listen and engage.

Airmen — be good wingmen. Take care of yourself and those around you. Step in when your wingman needs help. Signs of stress and suicide should not be dismissed. Neither should senseless risks to life and limb because of improper safety and irresponsible behavior.

In today’s expeditionary Air Force, commanders and supervisors are often deployed. We rely on those who remain behind as acting commanders and supervisors to be familiar with the stresses confronting their Airmen and to be familiar with all the tools necessary to deal with these stresses.

I need everyone’s help on this. Take care of your wingmen on the ground so we can continue to confront America’s enemies from air and space. Stress is not going away; it is a reality we must accept and manage. We are the world’s greatest Air and Space Power because of you, America’s Airmen. The needless loss of one Airman is one loss too many. Look out for each other — look out for your wingman.

Children can suffer long-term when domestic violence arises

By Michele Linnen

52nd Fighter Wing Family Advocacy
outreach manager

SPANGDAHLEMAIR BASE, Germany –

The Air Force increases its effort to raise awareness about domestic violence in October, but preventing domestic violence is a year-round responsibility of each community member.

Domestic abuse is about any behavior that is used to gain or maintain control and power over another. Battery is the threat and use of emotional, psychological, physical and sexual abuse. The goals of these behaviors include forcing the other to obey and do things they do not want to do. Both the batterer and the victim may be of either gender.

A child who receives consistent emotional nurturing, attention and respect from his or her parents has a much greater chance of becoming an emotionally secure adult than a child raised in a home where violence occurs.

A child growing up in a violent home often experiences long-term emotional scars, includ-

ing exaggerated anxiety, insecurity and guilt. Fears of abandonment, problems with trusting others, impulsivity and out of control anger are behaviors that may affect children raised in such homes.

Children can become victims if they are exposed to a pattern of physical violence in the home and often model this behavior with others. Verbal violence between parents or between a parent and his or her significant other is equally as harmful to a child as witnessing physical abuse.

Verbal violence includes a pattern of using demeaning language, threatening to take a harmful action against or raging at another. Using verbal behavior is an attempt to control through intimidation.

A loving relationship is a basic emotional need, and Airmen are mandated to report suspicions of violence. Family advocacy and the life skills center offer people involved in a violent relationship a safe place for individuals, couples and family members to begin healing and to learn how to develop healthier and more respectful relationships.

Prevention is key

Here are just a few ways family violence can be reduced and eliminated:

- ♦ Know strengths and limitations
- ♦ Know self and partner's expectations for relationships and how to respectfully communicate and listen to these expectations
- ♦ Know what matters most and "clean house" of activities or thoughts that clutter minds and lives
- ♦ Recognize that people are interdependent and that reaching out for support or help is a sign of strength, not weakness
- ♦ Be a good neighbor and colleague by reaching out to one another, such as families with deployed loved ones, single Airmen and children in the community

These simple, yet significant efforts can help prevent domestic violence.

Halloween safety tips

Trick-or-Treaters

- ♦ Carry a flashlight
- ♦ Walk, don't run
- ♦ Stay on Sidewalks
- ♦ Obey traffic signals
- ♦ Stay in familiar neighborhoods
- ♦ Don't cut across yards or drive-ways
- ♦ Wear a watch you can read in the dark
- ♦ Make sure costumes don't drag on the ground
- ♦ Shoes should fit, even if they don't go with your costume
- ♦ Avoid wearing masks while walking from house to house
- ♦ Carry only flexible knives, swords or other props
- ♦ If no sidewalk is available, walk on the left side of the road facing traffic
- ♦ Wear clothing with reflective markings or tape
- ♦ Approach only houses that are lit
- ♦ Stay away from and don't pet animals you don't know

Parents

- ♦ Make your child eat dinner before setting out
- ♦ Children should carry quarters so they can call home
- ♦ Ideally, young children of any age should be accompanied by an adult



- ♦ If you buy a costume, look for one made of flame-retardant material
- ♦ Although tampering is rare, tell children to bring the candy home to be inspected before consuming anything – look at the wrapping carefully and toss out anything that looks suspicious

Homeowners

- ♦ Make sure your yard is clear of such things as ladders, hoses, dog leashes and flower pots that can trip children
- ♦ Pets get frightened on Halloween – put them up to protect them from cars or inadvertently biting a trick-or-treater
- ♦ Battery powered jack o' lantern candles are preferable to a real flame – if you do use candles, place them well away from where trick-or-treaters will be walking or standing
- ♦ Make sure paper or cloth yard decorations won't be blown into a flaming candle
- ♦ Healthy food alternatives for trick-or-treaters include packages of low-fat crackers with cheese or peanut butter filling, single-serve boxes of cereal, packaged fruit rolls, mini boxes of raisins and single-serve packets of low-fat popcorn that can be microwaved later
- ♦ Non-food treats include plastic rings, pencils, stickers, erasers and coins

Drivers

- ♦ Go slow all evening, and don't drive if you don't need to.
- (Courtesy of the 39th Air Base Wing Safety Office.)

Online federal write-in absentee ballot offered for overseas voters

By Donna Miles

American Forces Press Service

WASHINGTON – Deployed or stationed overseas and still waiting for your state absentee ballot to arrive in the mail? There's no need to sweat it out any more.

The online federal write-in absentee ballot gives U.S. citizens overseas who haven't yet received the absentee ballots they applied for the chance to vote in the upcoming elections, according to Polly Brunelli, director of the Federal Voting Assistance Program.

Program officials announced the online ballot procedures Oct. 21.

Ms. Brunelli said the write-in ballot has been used for the past decade. Demand is particularly high this year, she said, thanks to education efforts.

The program staff has pre-positioned the ballot forms at many overseas sites "so it would be readily available" to those who need it, Ms. Brunelli said. Forms also can be downloaded from the program's Web site.

Ms. Brunelli emphasized that not everyone overseas can use the ballot. To do so, she said, they must meet three specific conditions:

- ♦ Be outside the United States, including APO/FPO addresses.
- ♦ Have applied for a regular ballot early enough so that the request was received by the appropriate local election official at least 30 days before the election.
- ♦ Not have received the regular absentee ballot they requested from their state.

The write-in ballot is used to vote for federal offices in general elections. These include: president, vice president, U.S. senator, U.S. representative, delegate or resident commissioner to Congress.

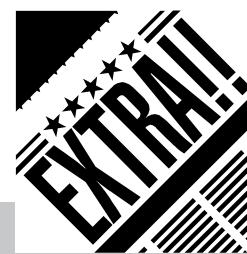
Some states now allow servicemembers and other U.S. citizens overseas to use the ballot in elections other than general elections, or for offices other than federal offices. Chapter 3 of the 2004-05 Voting Assistance Guide details specific state or territorial requirements.

When using the write-in ballot, voters may electronically fill in the form, or print it and manually fill in the form. In either case, officials said, the voter must manually sign and date the ballot. Specific instructions for submitting the ballot are outlined on the program's Web site.

Forms can be mailed at no cost to the voter from APO and FPO addresses, as well as from other addresses within the U.S. postal system, using postage-paid indicia printed onto the mailing envelope from the Web site.

Voters who receive their state ballot after submitting either version of the write-in ballot should vote and submit their state ballot any time up to and including Election Day, officials said. Officials advise them to note on the state ballot envelope that they also submitted a write-in ballot.

For more information, contact the DOD Voting Information Center, which can be reached toll free from 64 countries using the numbers listed on the program's Web site. Servicemembers can also get help from unit voting assistance officers.



IN
BRIEF

Oktoberfest

The services squadron hosts Oktoberfest featuring food, live entertainment and a kids zone from 4 to 8 p.m. at Arkadas Park. For more information, call Jude Sorg at 6-3108.

Road closure

"A" Street is one-way between 4th and 7th Streets from 8 a.m. Sunday to 4 p.m. Nov. 7. The closure is in support of the communications squadron's project to upgrade the base communication cable distribution system. For more information, call Paul Swinney, 39th Civil Engineer Squadron construction management chief, at 6-8020.

LRS customer service

The 39th Logistics Readiness Squadron customer service is the central point of contact for all base supply customer assistance. Their hours are Mondays, Tuesdays, Thursdays and Fridays from 7:30 a.m. to 4:30 p.m. and Wednesdays from 11 a.m. to 4:30 p.m.

Credit card fraud

The Federal Trade Commission offers some advice to assist consumers in protecting their credit card from fraud at <http://www.ftc.gov/bcp/conline/pubs/credit/cards.htm>. For more information, call Tech. Sgt. Charles McQueen, 39th Air Base Wing Legal Office, at 6-6800.

Fraud, waste and abuse

Report violations of the fraud, waste and abuse policy the inspector general's office located in Building 833, room 273. For more information, call Lt. Col. Oveta White or Master Sgt. Jacqueline Chin-Wilson at 6-8878 or 6-6253.

Holiday mailing

U.S. Air Forces in Europe Air Postal Squadron officials recently announced the dates to mail packages to ensure they reach the United States in time for the holidays. To ensure a Christmas delivery, mail packages and letters by no later than the following dates:

- ♦ Space Available Mail Parcels — Nov. 20
- ♦ Priority Parcels — Dec. 11
- ♦ First Class Letters — Dec. 11
- ♦ Express Mail — Dec. 20

For more information, call the ODC at 6-6301.





Photos by Tech. Sgt. Justin Pyle

Senior Airman Chris Clawson, 39th Security Forces Squadron, leaps over beams on the training obstacle named "six vaults" at Fort Huachuca, Ariz., Oct. 14. Members of U.S. Air Forces in Europe Defender Challenge team are spending three weeks in Sierra Vista, Ariz., in preparation for the 2004 Defender Challenge competition. Defender Challenge, held at Lackland Air Force Base, Texas, is a security forces competition pitting competitors from major commands against one another over a series of events including marksmanship, tactics and physical fitness.

DEFENDER CHALLENGE



Senior Airman Greg Davidson, 48th Security Forces Squadron, Royal Air Force Lakenheath, United Kingdom, reacts to fire using the Australian peel to the left technique during a tactics training exercise.

U.S. Air Forces in Europe Defender Challenge team members tackle the training obstacle named "Tarzan."



Senior Airman Robert Crenshaw, 48th Security Forces Squadron, Royal Air Force Lakenheath, United Kingdom, climbs down the backside ladder on the first training obstacle named "Tough One."



Making strides against breast cancer

Participants in the Breast Cancer Awareness Month duathlon ride toward the finish line Sunday at Arkadas Park. The duathlon and 5k walk/run was sponsored by the 39th Medical Squadron Health and Wellness Center.



ON
DECK

Skeet and trap shooting — Outdoor recreation offers skeet and trap shooting Tuesdays through Fridays by appointment. Open shooting begins Saturdays at 9 a.m. Cost is \$10, and includes shells and clays. For more information, call 6-6044.

Combat Hapkido — The fitness center sponsors Combat Hapkido Mondays and Wednesdays at 7:45 p.m. and Fridays at 6:30 p.m. For more information, call 6-6086.

Trotters and Striders Club — Keep a fitness center record of the miles walked or ran and qualify to win prizes. For more information, call 6-6086.

Bike maintenance — Outdoor recreation offers bicycle maintenance and repair from basic tune-up to parts replacement. For more information, call 6-6044.

Fitness first piece of puzzle to healthier lifestyle

By Airman 1st Class Christie Putz
92nd Air Refueling Wing Public Affairs

FAIRCHILD AIR FORCE BASE, Wash. — “It makes you feel better.” “It reduces stress.” “It lowers blood pressure.”

“Pick up any fitness magazine, and it’ll give you a bunch of boring definitions of what fitness will do for you,” said John Gahagan, 92nd Services Squadron fitness center director.

But to him, fitness means something a little different: a higher quality of life.

“When you go home from work, and all you want to do is sit on the couch instead of playing with the kids because you’re so tired, you’re probably out of shape,” he said. “And unfortunately, it’s not only you (who’s) suffering from your bad habits.”

Also, people who are not physically fit can potentially be a hazard to themselves, Mr. Gahagan said.

For example, someone who cannot swim to shore after his or her boat capsized is likely to drown. Someone who cannot jump out of a two-story building to evade a fire is

likely to burn. And someone who is too large for emergency medical services to pull out of a wrecked car is likely to die.

Although it may sound frightening, there is help.

“Just as most diseases are preventable, so are a lot of injuries,” Mr. Gahagan said.

For this and the myriad other reasons why fitness is important, fitness center staffs help patrons, whether beginners or seasoned runners or lifters.

“We’re first going to want to know what (a person’s) goal is; whether it’s to lose weight, tone up, bulk up or just feel better,” he said. “Then we’ll assess (his or her) health status.”

Their assessment includes a series of questions, body-fat test, weight measurement and a quick test of aerobic capacity, weight training and flexibility. It gives the staff a better idea of what the person’s current fitness level is, and what he or she is capable of.

“Basically, we’ll see where you are, where you want to go, and then we’ll design a program to help you meet your goals,” Mr. Gahagan said.

To assist in this, there are personal fitness trainers on the staff to help beginners get acquainted with the machines and facility. In addition, follow-up visits are scheduled to make sure the person is on the right path, and if necessary, to alter the plan.

“In as little as one hour a day, three times a week, you can be in much better shape than you are now if you don’t workout,” he said. “It’s not that big of a commitment.”

But commitment is what gets most people in trouble. With busy schedules, some people claim they just do not have enough time.

“Make an appointment with yourself,” Mr. Gahagan said. “Put it on your calendar, block it off, and don’t let yourself schedule anything during that time. If you treat it like any other appointment on your schedule then you’ll always have time.”

The problem is that most people do not make fitness a priority in their lives, he said.

“I hear it over and over, ‘I want to get in shape,’ ‘I want to tone up,’” he said, “but it’s all ‘want’ and not enough ‘do.’ Unless you put it on your schedule, make it a priority and make it a habit, it’s not going to happen.”

COMMANDER'S COMMENTS



By Col. Michael Gardiner, 39th Air Base Wing commander

Unit Compliance Inspection

By now, you have all heard the results of the Unit Compliance Inspection. While an overall grade of satisfactory may seem anticlimactic, that grade reflects a lot of hard work and preparation. In 1999, the wing's overall grade was UNSAT, and the shortcomings were almost too numerous to list. Since that time, Incirlik has supported, and continues to support, two major combat operations while going through two reorganizations. That is a lot of turmoil by any standard, but you have handled the challenge like pros.

My immediate goal when I took command was to return Incirlik to "normal" after all the long years of contingency operations. The UCI result validates that we have achieved that goal. The progress I have seen in the past seven months has been remarkable, and the can-do attitude that I see every day impressed the inspector general team as well. The IG team chief was greatly impressed that whenever problems were identified, the members of this wing were leaning forward and fixing them as quickly as possible. That is what I call a winner's attitude, and it is the attitude we need to carry with us into the future. The next inspection is just around corner!

Surveillance – Detect it and prevent it

Terrorists and others with hostile intentions make careful observations about the nature and level of security at targeted facilities – both physical and procedural. All U.S. government facilities, including residences overseas, are potential targets.

Terrorist attacks are seldom random but require careful preparation. When we can spot surveillance and short-circuit attempts to collect information on our security, terrorist groups may well seek other easier targets. Here are some tips you should keep in mind:

- ♦ If you notice people paying unusually close attention to your offices or homes, taking notes, using hand signals, cameras, binoculars, telephoto lenses, cell telephones, short-wave radios, etc., report it immediately to the law enforcement desk.
- ♦ If a car you do not recognize is parked outside your home, office or on the street where you live, particularly if the car is parked in an unusual location or if the driver abandons the car quickly, alert the guards and law enforcement desk immediately.
- ♦ Know your neighborhood so you are familiar with the normal rhythm of the area. When

something seems out of the ordinary, an alarm should go off in your mind to be careful. Do you notice the same stranger several times, seemingly coincidentally, at different locations where you just happen to be? Even if you think you are being paranoid, report all suspicious behavior to the law enforcement desk.

- ♦ If you notice a stranger loitering near your house or office, particularly as you arrive or depart, report it to the law enforcement desk.
- ♦ Vary your routes and times to and from work. Be unpredictable.
- ♦ Do not let yourself get hemmed in by traffic, particularly on narrow streets. Leave space to maneuver. Know alternate routes to your destinations. Be prepared for the unexpected. Keep your car doors locked.
- ♦ Be on your guard at establishments that cater to foreigners. Terrorists know the locations of these restaurants, bars and sports facilities, too. Keeping an eye on these establishments in search of lucrative targets is a "no brainer" for terrorists. Terrorists can use the taxi stands near our homes and offices to surveil us. If you automatically summon a taxi

from these stands, you make it easy for the terrorist to identify the places you frequent.

- ♦ Terrorists, particularly those from transnational terrorist groups operating in Turkey, have attached bombs to cars. Before entering your car, check your surroundings for anything suspicious. Look over your car. If someone is considering you as the target, your caution and attention to your personal security could lead the terrorists to choose another, easier target.
- ♦ Never assume that a seemingly harmless trash bag or package placed outside your residence or the perimeter of our facilities is harmless. These "harmless" objects could be deadly. If you find a suspicious package at your residence or any suspicious object around your vehicle, do not attempt to move the object. Immediately notify your guard or the law enforcement desk.
- ♦ Fences, guards, and locks are important aspects of our security in Turkey. But the most important element in our security is you. Take your security seriously.
(Courtesy of the Antiterrorism and Force Protection office.)

Vote – there is still time

If you have not received your ballots yet, there is still time. There are at least 14 states that will allow late counting and a few that will even accept voted ballots by fax. In the final hours, before you give up on the potential for a ballot to be counted, it is even more critical that you check every possibility for ballot submissions. Contact your voting assistance officer to determine what options are provided by the state/county according to the Voting Assistance Guide and information obtained from the FVAP Web site.

The Postal Service has been tracking materials and indicates there are still many Airmen who received voting material but have not acted on that material and put it back in the mail. Please act now and make sure your vote gets counted. It's your future, vote for it!

Look out for trick-or-treaters

Most injuries during Halloween are traffic-related. Please drive very slowly and very carefully through neighborhoods while the trick-or-treaters are out. There are also several steps we can take to ensure the safety of our children on base Sunday. Make sure your yard is clear of hazards such as ladders, hoses, dog leashes and flower pots that can trip the young ones. Pets are easily frightened on Halloween, too. Put them away to keep them from inadvertently biting a trick-or-treater. Have fun Sunday, but put the safety of the children first!

Take a break, but be safe

Force protection is my No. 1 priority and should be yours as well. Many of you will venture far from the base this weekend. I encourage you to travel, but please be safe. Dress conservatively, and do not travel alone. Always take a cell phone with you and program in important numbers in advance. And as always, report any suspicious activity to the law enforcement desk at 6-3200.

Have a great extended weekend; relax and have some well-deserved fun but remember – always play it safe. Force Protection: your life depends on it.



Ask MEHMET

By Mehmet Birbiri, *Host Nation Adviser*

Republic Day

Turkey declared itself an independent republic 81 years ago on Oct. 29. In commemoration of Republic Day, ceremonies, parades and other events will take place throughout the country today.

The history of Republic Day starts in the early 13th century when the Ottoman Turks first appeared in Anatolia subjugating Turkish and Mongolian tribes. Pressing against the eastern border of Byzantium, the Ottoman Turks spread out.

At its height, the Ottoman Empire stretched from the Persian Gulf in the east to the outskirts of Vienna in the west, including all of northern Africa and present day Balkan and Middle Eastern countries. After having one of the biggest empires the world had ever seen and ruling lands on three continents for more than 600 years, the Ottoman Empire was diminished and was known as the sick man of Europe after World War I.

The decline of Turkish power began in 1571 when the Turkish navy was defeated by the Combined European navy and the siege of Vienna failed. In the 18th century, Russia sought to establish itself as the protector of Christians. Russian ambitions were checked by Britain and France in the Crimean War from 1845 to 1856.

The Turkish-Russian War, 1877 to 1878, gave Bulgaria independence while Romania and Serbia separated from their nominal allegiance to the Ottoman sultan. The Turks revolted at home in 1909 when a group of young liberals, known as the Young Turks, forced Sultan Abdul Hamid to grant a constitution and install a liberal government.

During World War I, Turkey was allies of and fought with the Germans. As a result of Germany's defeat, the allied forces divided and occupied Anatolia.

The Greeks took Izmir and the Aegean region, the British took Istanbul and the straits, the French took the Adana-Gaziantep region while the Italians took the current Antalya area.

Mustafa Kemal Ataturk, general of the Turkish forces, could not accept the partition of his country. He was the man who stopped



Mustafa Kemal Ataturk is regarded as the father of the modern Republic of Turkey. Republic Day is celebrated annually Oct. 29.

the British Armada at the Dardanelles, the hero of Gallipoli and victorious commander of the losing side during the war.

Deciding to create the nation of Turkey with its current borders, Mustafa Kemal Ataturk left Istanbul May 15, 1919, traveling to Samsun. Four days later, he started the War of Independence in Anatolia. He fought the ruling sultan as well as the invaders.

In spite of the difficulties, he drove the invaders, including the sultan, out of Turkey. Ataturk founded the Grand National Assembly April 23, 1920, during the War of Independence, and was elected the GNA chairman.

The treaty of Lausanne, signed by Turkey and allied forces, was a political victory for the rulers of the new state and freed the country from foreign occupation. The treaty also established the territory and integrity of the land.

Long before the nation's push for independence, an idea took shape in Ataturk's mind – the state would be a republic.

However, in order not to sow the seeds of indifference, he did not speak of it even to his closest friends. Then the time came to take action and to strengthen the political structure of the Turkish state following the abolishment of the Sultanate.

The country needed to name its new form of government. To end the debates in the assembly, Ataturk made the decision after con-

sulting with his closest friends over a mid-night dinner Oct. 28, 1923.

After the meal, Ataturk rose and declared, "Friends, we shall proclaim the republic tomorrow." The next day, an amendment to the constitution was proposed and the Turkish state was proclaimed the Republic of Turkey.

In Turkish

Cumhuriyet - Republic
(joom-hou-ree-yet)

Ekim - October
(eh-kim)

vatan - homeland
(vah-tahn)

devlet - state
(dev-let)

hukümet - government
(hue-kue-met)

Do you have a question about something Turkish? Ask Mehmet. To submit a question, call 6-6060 or e-mail mehmet.birbiri@incirlik.af.mil.



THE INCIRLIK GUIDE

Today

Haunted house — The civil engineer squadron sponsors a haunted house Oct. 29 through 30 at Building 3792 in Eagle Housing. The cost is \$2 per customer. For more information, call Staff Sgt. Daniel Albrecht at 6-8057 or Tech. Sgt. Randal Halstead at 6-8066.

Saturday

Oktoberfest — The services squadron hosts Oktoberfest featuring food, live entertainment and a kids zone from 4 to 8 p.m. at Arkadas Park. For more information, call Jude Sorg at 6-3108.

Goblins Carnival — The youth center sponsors a Goblins Carnival from 6:30 to 8:30 p.m. For more information, call the youth center at 6-3256.

Paintball — Outdoor recreation sponsors paintball games. The cost is \$20 which includes all needed equipment. For more information, call outdoor recreation at 6-6044.

Sunday

Trick or treat — The Incirlik on-base trick or treat hours are from 6 to 8 p.m.

Tuesday

56 Club — The 56 Club meets at 3 p.m. in the club. The meeting is open to all staff-sergeant selects through technical sergeants. For more information, call Staff Sgt. Monica Hamm at 6-6159.

Thursday

Online banking — The family support center sponsors an online banking class from 9 to 10 a.m. For more information or to sign-up, call the FSC at 6-6755.

Upcoming

Club card payments — Club card payments will not be available in the club, on the Internet or over the phone through Monday. For more information, call the club at 6-6101.

Kids' Day — The Country Plains Riding Club sponsors a Fall Festival from noon to 3 p.m. Nov. 6. The cost is \$10 per child.

Stress management — The family support centers sponsors a stress management class Nov. 8, 22 and 29 from 11:30 a.m. to 12:30 p.m. For more information or sign-up, call the FSC at 6-6755.

Incirlik employment — The family support center sponsors an Incirlik employment class Nov. 10 from 8 to 10 a.m. The class provides information on sources of local employment targeted to spouses looking for work. For more information or to sign-up, call the FSC at 6-6755.

Commissioning — The education center sponsors an Air Force commissioning opportunities briefing Nov. 16 at 9 a.m. The briefing is by appointment only. For more information, call the education center at 6-9664.

Bundles for babies — The family support center sponsors bundles for babies Nov. 17 from 5 to 7 p.m. Air Force Aide Society donates a layette to participants. The program is for women in their third trimester of pregnancy. For more information or to sign-up, call the FSC at 6-6755.

Budgeting — The family support center sponsors a budgeting class Nov. 18 from 1 to 3 p.m. For more information or to sign-up, call the FSC at 6-6755.

International Spouses Group — The family support center sponsors an International Spouses Group meeting Nov. 18 from 5 to 6 p.m. For more information or sign-up, call the FSC at 6-6755.

Swing dance — The community center sponsors swing

dance lessons starting in November. The cost is \$25 per person or \$40 per couple. For more information, call the community center at 6-6966.

Family appreciation day — The family support center sponsors military family appreciation day Nov. 20 from 10 a.m. to 2 p.m. at Arkadas Park. The FSC will provide food, ice cream, carnival games, entertainment and activities at no charge. For more information, call the FSC at 6-6755.

COMBAT & SPECIAL INTEREST PROGRAMS



Today

Home rosary — The chapel sponsors a Catholic home rosary group meeting at 6:30 p.m. For more information and the location, call Ellen Herdler at 6-5267.

Thursday

PYOC — The Protestant Youth of the Chapel seventh to 12th graders Bible study is Thursdays from 7 to 8 p.m. at the Crossroads Café and 3 to 4:30 p.m. Sundays at the youth center. For more information, call Shane or Melanie Parrish at 6-5709.

Upcoming

Bible study — The chapel sponsors Catholic Saturday morning Bible study Nov. 6 at 8:30 a.m. in the chapel conference room. For more information, call Michael Luna at 6-9180.

Pilgrimages — The Chapel is sponsoring pilgrimages to Gaziantep, Urfa, Harran and Antioch. For more information, call the Chapel at 6-6441.

Ongoing

Reading Patch Club — Read books and earn patches and prizes at the library. The club is open to grades kindergarten through twelfth. Sign up at the library.

CCAF — To get help with starting on a Community College of the Air Force Degree program, call the education center and set up an appointment at 6-3211.

MGIB — For answers to questions about the Montgomery GI Bill, visit www.gibill.va.gov.



Hidden Heroes is a U.S. Air Forces in Europe special interest program that recognizes people and programs that make a difference to the base and community. The program's goal is to increase volunteerism throughout Incirlik and USAFE. To volunteer, call the family support center at 6-6755.

WARRIOR OF THE WEEK



Senior Airman Francisco Romero,
425th Air Base Squadron
security forces controller

Time in service: two years and seven months

Hometown: Chimayo, N.M.

Time on station: one year and two months

Hobbies: Playing the guitar, writing music, playing video games and physical conditioning

Why did you join the Air Force? I joined the Air Force for education opportunities and self-discipline.

What do you like most about Izmir? I like the weather the most. The summers are hot and the winters are not too cold.

How do you contribute to your base's mission? I directly contribute to the mission by protecting personnel and resources in direct support of NATO operations.

What is your favorite motto? My favorite motto is, "When life deals you a bad hand, play with the cards you were dealt." It is my favorite because life doesn't always turn out the way you want, but you have to make the best of every situation.

What Air Force core value best describes you and why? Excellence in all we do. I strive for perfection in every mission or task I am assigned. I feel by setting high expectations upon myself, it guarantees a quality product.

Supervisor's quote: "Senior Airman Romero is a hard-charging Airmen with a positive attitude toward the mission, his job and the Air Force," said Staff Sgt. Joshua Derezotes, 425th ABS security forces element chief.

"Airmen Romero takes on all the difficult and odd tasks given to him head-on."

tion, call 6-2122.

For sale: 1991 Toyota Cynos, 2 door, CD player, AC, Japanese specs, runs great. Must sell, asking \$1,100. Negotiable. For more information, call Donnie at 6-9179 or 6-2015.

For sale: Solid wood dining room set with wrought iron accents and six chairs in rich walnut finish. Must see. Very good condition, asking \$400. For more information, call 6-2438.

For sale: Six-piece entertainment center with matching coffee table and two end tables, dark wood, all great condition. Made at Redwoods. Must sell. Asking \$1,400 OBO. For more information, call Joey at 6-5482 or 6-6220.

For sale: Two 6' x 9' carpets, \$75 each; outdoor charcoal grill \$50; floral full size couch \$100; creme/tan armchair \$75; Free to good home calico female cat current on shots, AVID chip, spayed and declawed with litter box, litter, pet carrier and food dish. For more information, call Jeremy or Ashley at 6-5718.

For sale: 1989 Merkur Scorpio, four doors, U.S. specs, clean, runs great, \$1,300 OBO. For more information, call John at 6-8815 or 6-5487.

For sale: 1986 White four-door BMW, AM/FM, CD player, sunroof. Asking price \$1,400. Will negotiate. For more information, call Robert at 6-5002.

YOUR TURN



To submit a question for "Your Turn," call 6-6060 or e-mail tip.sword@incirlik.af.mil

What trick-or-treat safety tips would you give to parents and children?

"Make sure to check all of the candy for anything that may be suspicious."

— **Staff Sgt. Lori Freeman,** 39th Medical Squadron



"Wear reflective clothing, carry a flashlight and check candy afterward. You never can be too safe. Also, travel in groups."

— **Staff Sgt. Paul Hight,** 728th Air Mobility Squadron



"Bring flashlights, wear reflective clothing and make sure children can see through the eye holes of masks."

— **Staff Sgt. Julia Hagan,** 39th Operations Squadron



"Always inspect children's candy; there are some crazy people out there."

— **Senior Airman Brian Bridges,** 39th Logistics Readiness Squadron



"Make sure they all have glow necklaces or sticks, check candy and make sure they all have flashlights."

— **Staff Sgt. Kelly Rupert,** 39th Medical Squadron



CLASSIFIEDS

Lost: Small gold wedding band with name engraved on inside. Reward offered. Please call Ken at 6-8488 or 6-2468.

For hire: Computer operator. Full time, starting pay is \$11.27 per hour. Must be able to operate high speed printers; be familiar with Microsoft Publisher, Word, Excel and Access; be a U.S. citizen with one year left on station and able to obtain a secret clearance. Submit resumes to Alutiiq Inc., Site Manager Mayport by e-mail to tnotchick@alutiiq.com or fax (866) 241-1667. For more information, call (866) 259-9099.

For sale: Samsung dual-band cell phone. Recently purchased, like new, charger and case included. \$100 OBO. Sony digital handy-cam, 2001 model - color LCD screen, digital effects and quality recording features on any 8mm tape format. Includes carrying case, extra batteries and more. \$350 OBO. For more information, call Jason at 6-6491 or 6-5563.

For sale: Motorola cell phone, new. Paid \$170, asking \$100. 1987 Honda Accord, \$2,000. 220 voltage microwave, \$35. For more information,



Photo by Senior Airman Dallas Edwards

Rounding 'em up

Members of the Incirlik community gather around the base pool Saturday in hopes of catching a big one. The swimming season came to a close as the base pool was filled with fish and hosted the annual fishing rodeo.



AT THE MOVIES

At the Oasis

Today

Without a Paddle (PG-13) – Starring Seth Green and Matthew Lillard. Three lifelong friends from Philadelphia go into the Oregon wilderness in search of lost treasure. Canoeing down the Columbia River, the trio soon finds their canoeing experience goes wrong as the river turns dangerous. They find themselves hunted by two backwoods farmers and encounter tree-hugging hippie chicks and a crazy old mountain man. Showing at 7 p.m. (99 minutes)



Paparazzi (PG-13) – Starring Cole Hauser and Robin Tunney. The paparazzi stalk Bo everywhere. He accepts the veritable invasion of his life ... until photos of his wife, Abby, and his son,



Zach, begin appearing on covers of one particularly sleazy tabloid called Paparazzi. All efforts to convince the photographers to spare his family are ignored. The paparazzi become increasingly relentless, ruthless – even criminal. One night they trap Bo and his family in a high-speed chase that ends in a terrible accident, sending Abby into intensive care and 6-year-old Zach into a coma. Veteran Los Angeles detective Burton believes Bo's version of the accident but when Burton cannot make the case against the photographers, Bo seeks vengeance on his own, and the paparazzi start falling one by one. Showing at 9 p.m. (105 minutes)

Saturday

Paparazzi (PG-13) – Starring Cole Hauser and Robin Tunney. Showing at 5 p.m. (105 minutes)

Open Water (R) – Starring Blanchard Ryan and Daniel Travis. Based on true events, Susan and Daniel have just been abandoned by their scuba-diving boat in the Caribbean. As the tension escalates between the troubled two-some, a current sweeps them far from where the boat left them. Deep, dark clouds pass menacingly overhead and the sea-life just below the surface is clearly not of the friendly variety. A day at the beach will never be quite the same again. Showing at 7 p.m. (79 minutes)



Daylight savings



Daylight savings time ends Sunday. The Incirlik community is reminded to set clocks back one hour Sunday at 2 a.m. The Commander's Access Channel will also be available with a display of the current time.

Sunday

Alien vs. Predator (PG-13) – Starring Lance Henriksen and Sanaa Lathan. An ancient pyramid is discovered buried in the ice of Antarctica, and scientists investigating the structure discover something worse: two races of aliens battling for domination. As the two species fight, humans find themselves caught in the middle becoming casualties. Showing at 7 p.m. (100 minutes)



Without a Paddle (PG-13) – Starring Seth Green and Matthew Lillard. Showing at 7 p.m. (99 minutes)

At the M1

Exorcist: The Beginning (R) — noon, 2:15 p.m., 4:30 p.m., 6:45 p.m. and 9:15 p.m. (114 minutes)

Dodgeball (PG-13) — 12:45 p.m., 3:30 p.m., 5:30 p.m., 7:30 p.m. and 9:30 p.m. (92 minutes)

Collateral (R) — 11:30 a.m., 2 p.m., 4:30 p.m., 7 p.m., 9:30 p.m. and 11:45 p.m. (120 minutes)

Dirty Dancing: Havana Nights (PG-13) — 12:15 p.m., 3 p.m., 5 p.m., 7 p.m. and 9 p.m. (86 minutes)

I, Robot (PG-13) — 11:15 p.m., 3:30 p.m., 4 p.m., 6:45 p.m. and 9:15 p.m. (115 minutes)

The Bourne Supremacy (PG-13) — 12:30 p.m., 2:45 p.m., 5 p.m., 7:15 p.m. and 9:30 p.m. (108 minutes)

For more information and updates, call the movie recording at 6-6986 or the theater office at 6-9140. The provision of movie information does not constitute an endorsement by the 39th Air Base Wing, U.S. government, Department of Defense or Department of the U.S. Air Force. For more information, call the theater at 6-6986.